

## Dasa pāramī

Itipi **dāna** pāramī sampanno so bhagavā itipi dāna upapāramī sampanno so bhagavā  
itipi dāna paramatthapāramī sampanno so bhagavā

Itipi **sīla** pāramī sampanno so bhagavā itipi sīla upapāramī sampanno so bhagavā  
itipi sīla paramatthapāramī sampanno so bhagavā

Itipi **nekkhamma** pāramī sampanno so bhagavā itipi nekkhamma upapāramī  
sampanno so bhagavā itipi nekkhamma paramatthapāramī sampanno so bhagavā

Itipi **paññā** pāramī sampanno so bhagavā itipi paññā upapāramī sampanno so  
bhagavā itipi paññā paramatthapāramī sampanno so bhagavā

Itipi **virīya** pāramī sampanno so bhagavā itipi viriya upapāramī sampanno so  
bhagavā itipi viriya paramatthapāramī sampanno so bhagavā

Itipi **khanti** pāramī sampanno so bhagavā itipi khanti upapāramī sampanno so  
bhagavā itipi khanti paramatthapāramī sampanno so bhagavā

Itipi **sacca** pāramī sampanno so bhagavā itipi sacca upapāramī sampanno so  
bhagavā itipi sacca paramatthapāramī sampanno so bhagavā

Itipi **adhiṭṭhāna** pāramī sampanno so bhagavā itipi adhiṭṭhāna upapāramī sampanno  
so bhagavā itipi adhiṭṭhāna paramatthapāramī sampanno so bhagavā

Itipi **mettā** pāramī sampanno so bhagavā itipi mettā upapāramī sampanno so  
bhagavā itipi mettā paramatthapāramī sampanno so bhagavā

Itipi **upekkhā** pāramī sampanno so bhagavā itipi upekkhā upapāramī sampanno so  
bhagavā itipi upekkhā paramatthapāramī sampanno so bhagavā

Itipi dasa pāramī sampanno so bhagavā itipi dasa upapāramī sampanno so bhagavā  
itipi dasa paramatthapāramī sampanno so bhagavā' ti

*[Proprio così il Beato ha realizzato la perfezione – la superiore perfezione, l'ideale  
perfezione - della] generosità --- integrità --- rinuncia --- chiarezza --- energia ---  
pazienza --- onestà --- determinazione --- benevolenza --- equanimità*